

# Backpacking Idaho: From Alpine Peaks to Desert Canyons



## Backpacking Idaho: From Alpine Peaks to Desert Canyons by Douglas Lorain

★★★★☆ 4.7 out of 5

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Idaho, a state of unparalleled natural beauty, beckons backpackers with its rugged wilderness and pristine landscapes. From the soaring summits of the Sawtooth Mountains to the desolate expanses of the Owyhee Canyonlands, Idaho offers a diverse array of backpacking adventures that cater to every level of experience.

In "Backpacking Idaho: From Alpine Peaks to Desert Canyons," author John Smith takes readers on an unforgettable journey through the state's most spectacular backpacking destinations. With detailed trail descriptions, stunning photography, and expert advice, this comprehensive guidebook empowers backpackers to plan and execute unforgettable treks in Idaho's pristine wilderness.

## **Alpine Peaks**

Idaho's alpine peaks offer unparalleled opportunities for high-altitude adventures. The Sawtooth Mountains, with their jagged peaks and crystal-clear lakes, are a paradise for backpackers. The Lost River Range, home to Idaho's highest peak, Mount Borah, rewards hikers with breathtaking panoramic views.

For those seeking a challenging yet rewarding adventure, the Idaho Centennial Trail traverses the entire state from north to south. This epic 1,200-mile trek takes hikers through a kaleidoscope of landscapes, from alpine meadows to desert basins.

## **Desert Canyons**

Idaho's desert canyons offer a stark contrast to the state's alpine peaks. The Owyhee Canyonlands, with their rugged walls and winding rivers, are a backpacker's paradise. The Snake River Canyon, carved by the mighty Snake River, boasts dramatic cliffs and hidden waterfalls.

Backpackers can explore these desolate landscapes on multi-day treks that lead them through narrow canyons, ancient lava fields, and windswept plateaus. The solitude and remoteness of these canyons offer a unique opportunity to experience the raw beauty of the American West.

## **Hidden Gems**

Beyond the well-known backpacking destinations in Idaho, there are countless hidden gems waiting to be discovered. The Seven Devils Mountains, located in the remote western part of the state, offer rugged off-trail adventures for experienced backpackers.

The Selway-Bitterroot Wilderness, located along the Idaho-Montana border, boasts pristine forests, meandering rivers, and abundant wildlife. The Hell's Canyon National Recreation Area, carved by the Snake River, provides secluded backpacking opportunities in a stunning canyon environment.

## **Planning Your Trip**

"Backpacking Idaho: From Alpine Peaks to Desert Canyons" provides all the information backpackers need to plan and execute their journey through Idaho's wilderness. The guidebook includes:

- Detailed trail descriptions with mileage, elevation gain, and difficulty ratings
- Stunning color photography showcasing Idaho's natural beauty
- Expert advice on gear, food, and wilderness safety
- Maps and GPS coordinates for all trails
- Backcountry camping information and permit requirements

Whether you're a seasoned backpacker or a novice adventurer, "Backpacking Idaho: From Alpine Peaks to Desert Canyons" is your essential guide to exploring the breathtaking landscapes of this wilderness paradise.

**Free Download your copy today and embark on the backpacking adventure of a lifetime!**

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