

Hugs for Teens with FASD: A Journey of Encouragement

What is FASD?

Fetal Alcohol Spectrum Disorders (FASD) are a group of conditions that can occur when a woman drinks alcohol during pregnancy. FASD can cause a range of physical, mental, and behavioral problems, including:

- Facial abnormalities
- Growth problems
- Intellectual disability
- Behavioral problems
- Learning disabilities

FASD is a lifelong condition, but there are many things that can be done to help teens with FASD live happy and fulfilling lives.



Hugs For Teens With FASD: A book of encouragement

by Joan Lee

★★★★★ 5 out of 5

Language : English
File size : 503 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 16 pages
Lending : Enabled



How can Hugs for Teens with FASD help?

Hugs for Teens with FASD is an inspiring and practical guide for teenagers with FASD. The book provides encouragement, support, and practical advice to help teens with FASD navigate the challenges of adolescence and build a positive and fulfilling life.

The book covers a wide range of topics, including:

- Understanding FASD
- Coping with the challenges of adolescence
- Building self-esteem
- Developing social skills
- Managing anger and other emotions
- Setting goals and achieving success

Hugs for Teens with FASD is written by a team of experts in the field of FASD, including Dr. Ann Streissguth, a leading researcher on FASD. The book is also endorsed by the National Organization on Fetal Alcohol Syndrome.

What others are saying about Hugs for Teens with FASD

"Hugs for Teens with FASD is an invaluable resource for teenagers with FASD and their families. The book provides encouragement, support, and practical advice to help teens with FASD navigate the challenges of

adolescence and build a positive and fulfilling life." - Dr. Ann Streissguth,
leading researcher on FASD

"Hugs for Teens with FASD is a must-read for any teenager with FASD. The book is full of practical advice and encouragement that can help teens with FASD overcome the challenges they face and live happy and fulfilling lives." - The National Organization on Fetal Alcohol Syndrome

Free Download your copy of Hugs for Teens with FASD today

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