# The Impact of Automation, Flexibilization, and Intensification of Work Research

The world of work is changing rapidly, driven by technological advances, globalization, and demographic shifts. These changes are having a profound impact on the labor market and workers, and they are likely to continue to do so in the years to come.



### Better Work: The Impact of Automation, Flexibilization and Intensification of Work (Research for Policy)

by Cynthia Crosson-Tower

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One of the most significant trends is the rise of automation. Automation is the use of machines and computers to perform tasks that were previously done by humans. This trend is being driven by advances in artificial intelligence (AI),machine learning, and robotics. Automation has the potential to improve productivity and efficiency, but it can also lead to job losses and wage stagnation.

Another trend is the flexibilization of work. Flexibilization refers to the increasing use of non-standard work arrangements, such as part-time

work, temporary work, and freelance work. This trend is being driven by a number of factors, including the rise of the gig economy, the need for employers to be more flexible in responding to changing market conditions, and the desire of workers for more control over their work-life balance.

A third trend is the intensification of work. Intensification refers to the increasing pace and demands of work. This trend is being driven by a number of factors, including the rise of automation, the globalization of competition, and the need for employers to improve productivity. Intensification can lead to stress, burnout, and other health problems for workers.

These three trends are having a significant impact on the labor market and workers. Automation is leading to job losses and wage stagnation, while flexibilization and intensification are leading to more stress and burnout for workers. These trends are also creating new opportunities for workers, such as the opportunity to work from home or to start their own businesses.

Policymakers and businesses need to be aware of the challenges and opportunities presented by these trends. They need to develop policies and strategies that will help workers to adapt to the changing world of work. These policies and strategies should include investments in education and training, support for lifelong learning, and the promotion of decent work.

### Challenges

The rise of automation, flexibilization, and intensification of work presents a number of challenges for workers and policymakers.

- Job losses: Automation is leading to job losses in a number of industries, such as manufacturing, retail, and transportation. These job losses are likely to continue in the years to come, as automation becomes more sophisticated.
- Wage stagnation: Automation is also leading to wage stagnation, as employers are able to replace workers with machines and computers.
   This trend is likely to continue, as automation becomes more widespread.
- Stress and burnout: Flexibilization and intensification of work are leading to more stress and burnout for workers. These trends are making it difficult for workers to balance their work and personal lives, and they are also contributing to a number of health problems, such as anxiety, depression, and insomnia.
- Skills gap: The changing world of work is creating a skills gap, as workers need to acquire new skills to keep up with the demands of the labor market. This skills gap is a challenge for both workers and employers.

### **Opportunities**

Despite the challenges, the rise of automation, flexibilization, and intensification of work also presents a number of opportunities for workers and businesses.

New jobs: Automation is also creating new jobs, in industries such as AI, machine learning, and robotics. These new jobs require workers with new skills, but they also offer the potential for higher wages and more opportunities for advancement.

- More flexibility: Flexibilization of work is giving workers more control over their work-life balance. This trend is making it easier for workers to care for their families, pursue their education, or start their own businesses.
- Increased productivity: Automation and intensification of work can lead to increased productivity, which can benefit both businesses and workers. Increased productivity can lead to higher profits for businesses, and it can lead to higher wages and more job opportunities for workers.
- Lifelong learning: The changing world of work is creating a need for lifelong learning. Workers need to be prepared to acquire new skills throughout their careers, in Free Download to keep up with the demands of the labor market.

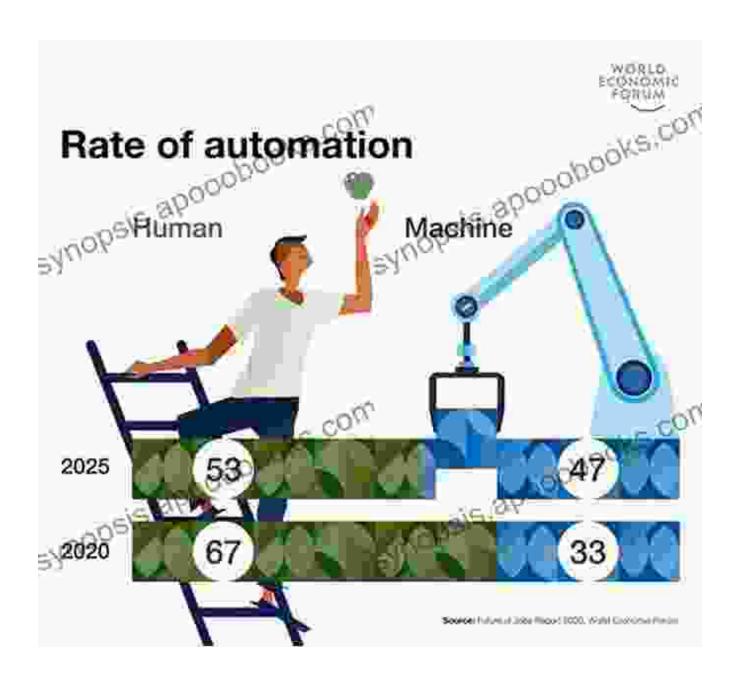
#### Recommendations

Policymakers and businesses need to develop policies and strategies that will help workers to adapt to the changing world of work. These policies and strategies should include:

- Investments in education and training: Policymakers and businesses need to invest in education and training programs that will help workers to acquire the skills they need to succeed in the changing world of work.
- Support for lifelong learning: Policymakers and businesses need to support lifelong learning, so that workers can continue to acquire new skills throughout their careers.

- Promotion of decent work: Policymakers and businesses need to promote decent work, which includes fair wages, safe working conditions, and opportunities for advancement.
- Collaboration between business, government, and labor:
   Policymakers, businesses, and labor unions need to work together to develop policies and strategies that will help workers to adapt to the changing world of work.

The changing world of work presents challenges and opportunities for workers and policymakers. By working together, we can ensure that the benefits of these changes are shared by all.





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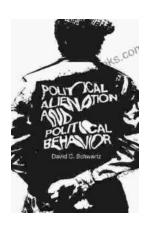
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