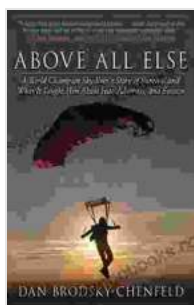


World Champion Skydiver's Story of Survival and What It Taught Him About Fear

By Luke Aikins

In 2016, world champion skydiver Luke Aikins made history when he jumped from an airplane without a parachute and landed safely in a net. It was a stunt that had never been attempted before, and it captured the attention of the world.



Above All Else: A World Champion Skydiver's Story of Survival and What It Taught Him About Fear, Adversity, and Success by Dan Brodsky-Chenfeld

★★★★☆ 4.8 out of 5

Language : English
File size : 1545 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 338 pages
Screen Reader : Supported



But what most people don't know is that Luke's journey to that jump began long before he ever stepped out of the plane. It began with a childhood filled with fear and insecurity.

Luke grew up in a small town in Washington state. His father was a logger, and his mother was a stay-at-home mom. Luke was the youngest of three

children, and he was often bullied by his older siblings.

As a result of the bullying, Luke developed a deep-seated fear of failure. He was afraid to try new things, and he was always worried about what other people thought of him.

But even though Luke was afraid, he also had a dream. He wanted to be a skydiver. And so, despite his fears, he decided to give it a try.

Luke's first skydive was terrifying. But he also knew that he had to keep going. He had to prove to himself that he could overcome his fears.

And so, Luke kept jumping. And with each jump, he became a little less afraid. He also started to learn more about himself. He learned that he was capable of more than he ever thought possible.

In 2006, Luke won his first world championship in skydiving. And in 2016, he made history with his record-breaking jump.

Luke's story is an inspiration to us all. It shows us that anything is possible if we are willing to face our fears and pursue our dreams.

Here are some of the things that Luke learned about fear on his journey to becoming a world champion skydiver:

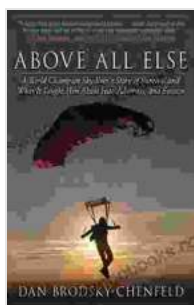
- Fear is a normal emotion. Everyone experiences fear at some point in their lives.
- Fear is not a sign of weakness. It is a sign that you are alive and that you care about something.

- Fear can be a powerful motivator. It can drive you to achieve great things.
- The only way to overcome fear is to face it head-on.
- Fear is not something that you can get rid of completely. But you can learn to manage your fear and use it to your advantage.

If you are struggling with fear, I encourage you to read Luke's story. It is a story of hope and inspiration. It is a story that will show you that anything is possible if you are willing to face your fears and pursue your dreams.

You can Free Download Luke's book, World Champion Skydiver: Story of Survival and What It Taught Him About Fear, on Our Book Library.com.

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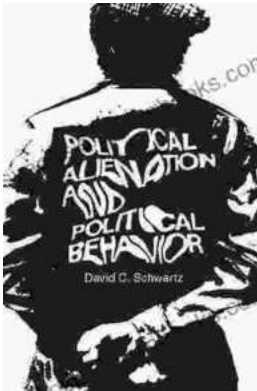
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